

# PICKLEBALL™ POSITIVE

The A to Z of how to play, work, & live well together.  
We use pickleball to foster teamwork, inclusion, and success.

## Why Pickleball?

- 🏓 Fastest growing sport in America
- 🏓 Originally created with inclusion in mind for people of different ages and abilities to play together
- 🏓 Builds community in a fun and engaging way

## What We Offer to Organizations, Schools, and Individuals

- 🏓 Group learning and development sessions, including workshops and team building activities
- 🏓 Lessons and coaching that leverage pickleball to reinforce mindfulness and values like conscious inclusion and teamwork
- 🏓 Reinforcement learning program, including Pickleball Betty videos focused on client-specific values



Pickleball Betty is Betty Ng, a Professional Pickleball Registry Certified Coach and the founder of Pickleball Positive. She is a former corporate executive and now bestselling author, professional speaker, and thought leader. As the founder and CEO of [Inspiring Diversity](#), Betty has developed practical frameworks and tools (including PO-LING POWER® and TAIQ™) to help propel individuals and organizations to success. Now as an avid player and coach, she combines the joy and fun of her favorite sport with powerful lessons and techniques to help others play, work, and live well together. ([Click here for link to full bio.](#))

[PICKLEBALLPOSITIVE.COM](https://www.pickleballpositive.com)

  [@PICKLEBALLPOSITIVE](#)

For more information on engaging us: [info@pickleballpositive.com](mailto:info@pickleballpositive.com)